

St Nicholas CEVA Primary School.

Physical Education

Intent, Implementation and Impact Policy

September 2022

PE Statement of Intent:

It is our intention to build a holistic environment that encourages children to develop a love of physical activity and a desire to lead active and healthy lifestyles.

Through a systematic and balanced programme, children will acquire knowledge, skills, fitness and a sense of wellbeing. They will also develop our school values of respect, curiosity, community and friendship.

We aim to motivate children by providing opportunities to compete in appropriate events, where they will experience and learn to cope with challenge, success, failure and a range of emotions.

We recognise and celebrate the variety of needs and preferences amongst our pupils and strive to provide a diverse and inclusive programme.

Our provision is enhanced through the use of the Sports Premium Funding and is covered by the 5 key performance indicators.

Implementation:

The PE curriculum is taught through the use of cumulative and systematic schemes of work (PE HUB) and children are given the opportunity to learn, practise and embed skills in a variety of ways in line with the Early Years Framework and The National Curriculum objectives. Teachers are able to adjust and change lessons to suit the needs of their classes but the schemes provide a strong basis with clear expectations and a sense of progression.

Each class has access to 2 hours of high quality PE every week, taught by class teachers or HLTAs, who have received training and support and specialist sports coaches from PH Sports. Regular monitoring informs CPD. Within lessons, pupils are given time to reflect on their learning and take part in self, peer and group feedback. Annual monitoring of pupil opinion by the subject leader informs future provision.

Years 4,5 and 6 receive a half term of weekly swimming lessons and children who have reached the required standards, follow a life-saving programme as extension work.

Outdoor and Adventurous activities are provided through the curriculum and through residential trips and extra-curricular orienteering clubs.

After school and lunch time clubs (run by teachers, HLTAs, sports leaders and sports coaches) offer a rich variety of sporting activities and provide opportunity for competitive events.

A range of inter and intra events run throughout the school year, giving all children the opportunity to compete on a regular basis.

Sports Leadership is integrated into the weekly lessons and older children run events for younger children.

Assessments are based on teacher assessments, judged against national curriculum objectives through our school scheme of work and these are recorded on PE HUB (Jan 2023).

Detailed procedural arrangements can be found on the `Procedures and Curriculum document.

Impact:

Our children have a secure understanding of the benefits of leading healthy lifestyles and are motivated to participate in physical activity and sport. They know that:

- A healthy life-style is achieved by eating sensibly, avoiding smoking, drugs and alcohol and exercising regularly.
- The ability to remain physically active for sustained periods of time is important in promoting long-term health and well-being.

Pupils are motivated. They are:

- Willing to participate eagerly in every lesson with highly positive attitudes.
- Eager to attend after school clubs and competitive events and even the least confident children feel able to participate fully.

Pupils progress well throughout each year group and meet the NC objectives. They have:

- The ability to acquire new knowledge and skills exceptionally well and develop an in-depth understanding of PE.
- The willingness to practise skills in a wide range of different activities and situations, alone, in small groups and in teams and to apply these skills in chosen activities to achieve exceptionally high levels of performance.
- High levels of physical fitness.
- The ability to swim at least 25 metres before the end of Year 6 and knowledge of how to remain safe in and around water.

Pupils develop excellent leadership skills. They can:

- Organise and officiate at sporting events
- Evaluate what needs to be done to improve

- Motivate and instil excellent sporting attitudes in others.

Pupils develop creativity. They have:

- Good levels of originality, imagination and creativity in their techniques, tactics and choreography

Pupils develop vital life skills and values. They have:

- Confidence to try new things and face challenge
- Resilience and a sense of pride in their achievements.
- Knowledge of how to improve their own and others' performance.
- The ability to work independently for extended periods of time without the need of guidance or support.

School Sports Premium Funding:

The Government is providing each primary school throughout England with additional funding which is to be spent on improving the sports provision within schools. At St Nicholas CEVA Primary School, we believe a high quality PE curriculum should be an integral part of the whole school curriculum and one that staff, pupils and parents understand and can contribute to. Our school recognises the values that a high quality PE and school sport curriculum gives pupils. Please visit the Sports Funding information page to find out more about what we have been doing with the Sports Premium Funding.