

Learning to learn!

Developing positive attitudes and key attributes.

At St Nicholas we encourage everyone in our community to be **RESILIENT, REFLECTIVE, RESOURCEFUL learners who are confident to take RISKS and who develop positive RELATIONSHIPS to support their own and others learning.** By doing so we believe that individuals can realise their potential and thus strengthen the learning power of our community as a whole.

RELATIONSHIPS: being able to learn alone or with others. Learners who can relate to others:

- Know right from wrong and make good choices
- Think ahead
- Empathise
- Imitates good role models
- Knows when to work alone or with others
- Takes responsibility for their own behaviour and learning

REFLECTIVE: being able to think about our experiences and learning. Reflective learners:

- Plan their learning
- Evaluate and adapt if needed
- Can decide what is important to learn
- Can apply their learning to new situations
- Know how they learn best – by observing , doing , listening etc

RESILIENCE: means sticking at it, especially when things get difficult. Resilient learners:

- have a positive attitude
- set targets
- keep practising – persevere
- learn from their mistakes
- Manage distractions

RESOURCEFUL: being able to make use of available resources and adapt to situations.

Resourceful learners:

- Ask questions of themselves and others 'What if...? '
- Make connections and identify patterns

- Use their imagination and create new ideas
- Apply logic and organise their thoughts systematically
- Make the most of what is available to them

RISK TAKERS: being prepared to have a go even when there is a possibility of failure. We encourage children and adults to step outside their comfort zone, try new things. This compliments the other attributes, encouraging resilience, relationships, reflection and resourcefulness. Failure is friend not foe and we cannot truly challenge individuals unless we provide opportunities for failure. Learners who are risk takers:

- Take reasoned decisions – consider the pros and cons
- Explain their thinking
- Can empathise and communicate
- Reflect on their learning and apply this learning to new situations

These learning attitudes and attributes thread through our curriculum and are developed and encouraged on a daily basis, in a variety of contexts.